AMENDMENTS

Listing of Claims:

The following listing of claims replaces all previous listings or versions thereof:

- 1.-5. (Canceled)
- 6. (Currently amended) A method of measuring the amount of oxidative stress in a human individual, comprising the steps of:
 - (a) collecting a blood sample from said individual;
 - (b) assessing the amount of mitochondrial DNA damage in <u>cells from said sample</u>

 said tissue wherein such amount of damage is indicative of oxidative stress in said individual.
- 7. (Canceled)
- 8. (Previously presented) The method of claim 14, wherein said mitochondrial DNA damage is assessed by quantitative PCR.
- 9. (Previously presented) The method of claim 6, wherein increased amounts of oxidative stress are predictive of atherogenesis, hypertension, diabetes mellitis, hypercholesterolemia, degenerative diseases of aging or cancer.

10.-13. (Canceled)

14. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring the amount of DNA damage per length of mitochondrial DNA.

- 15. (Previously presented) The method of claim 14, wherein the DNA damage comprises one or more deletions, insertions or duplications.
- 16. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring mitochondrial mRNA production.
- 17. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring mitochondrial protein production.
- 18. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring changes in mitochondrial oxidative phosphorylation.
- 19. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring changes in mitochondrial ATP production.
- 20. (Previously presented) The method of claim 6, wherein said mitochondrial DNA damage is assessed by measuring changes in mitochondrial redox state.
- 21. (Previously presented) The method of claim 14, further comprising determining the amount of DNA damage in a nuclear gene in said tissue of interest; and comparing the amount of DNA damage per length of DNA between said mitochondrial DNA and said nuclear gene, wherein a greater amount of mitochondrial DNA damage per length of DNA than nuclear DNA damage per length of DNA is indicative of an increased amount of oxidative stress in said individual.
- 22. (Previously presented) The method of claim 8, wherein said DNA is treated with FAPY glycosylase prior to said PCR amplification for detection of 8-oxo-G-lesion.

23.	(Currently amended)	The method of claim 6, wherein cells of the sample are further
defined as white cells the hematopoietic cell is a white cell.		